

Southeast Ohio Wrestling Coaches Association
All Star Wrestling Meet Information

Dear Southeast Ohio Coaches,

Hopefully everyone is getting geared up for this year's wrestling season! Lots of things have changed since our last all-star meet. IT'S TIME ONCE AGAIN FOR OUR SEO WRESTLING ALL-STAR MATCH. Our SEOWCA Board has worked hard to put together this event for all wrestlers that qualify to wrestle in it. We will be having a Men's and Women's Division again this year!! ****NEW THIS YEAR, All PARTICIPANTS WILL RECEIVE A RUDIS SOUTHEAST OHIO ALL STAR SHIRT.****

Below you will find all the information for this year All-Star Match. Again this year we will be using Baumspage to enter our eligible wrestlers for the meet. The cost to participate is for the Head Coach to be a member of the Southeast Ohio Wrestling Coaches Association.

Please email me your initial interest in participating by Friday, November 24th.

Date: Friday, December 1st

Host: Athens High School

Cost: \$25.00 Coaches Association fee per coach.

Coaches Association Meeting: 5pm

Weigh-ins: Scratch plus 5 (home weigh-ins/honor system)

Rosters: All eligible wrestlers, Due in Baumspage by Noon on Thursday, November 30.

Wrestling Start Time: 6pm

Who is eligible to wrestle:

MENS:

22-23 OHWay State Placer (Top 4)
22-23 OAC JR High State Qualifiers
22-23 OAC JR. High State Placer
22-23 OAC Freshman State (top 3)
22-23 High School District Qualifiers
22-23 High School District Placers
22-23 High School State Qualifiers
22-23 High School State Placers

Womens:

22-23 OHWay State Placer (Top 4)
22-23 OAC JR. High State Placer
22-23 OAC JR High State Qualifiers
22-23 OAC Freshman State (top 3)
22-23 OHSAA Regional Qualifier
22-23 OHSAA Regional Placer
22-23 OHSAA State Qualifier
22-23 OHSAA State Placer

If you have any question feel free to email me: david.ratliff@nlpanthers.org or by cell 740-605-4603.

Sincerely,
David Ratliff
SEOWCA President